

Friday, May 1

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. Cerritos Resident Talent Showcase 2026

Saturday, May 2

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Cerritos Resident Talent Showcase 2026
- 7:00 p.m. Cerritos Resident Talent Showcase 2026

Sunday, May 3

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 2:00 p.m. Property Preservation Commission Meeting: April 28
- 6:00 p.m. Cerritos Resident Talent Showcase 2026
- 9:00 p.m. CCPA Performances: Latin Rock R&B Show

Monday, May 4

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. CCPA Performances: Golden Dragon Acrobats

Tuesday, May 5

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 6:00 p.m. Cerritos Resident Talent Showcase 2026

Wednesday, May 6

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. Planning Commission Meeting: May 6

Thursday, May 7

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Planning Commission Meeting: May 6
- 7:00 p.m. Parks and Recreation Commission Meeting: May 7

Friday, May 8

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Parks and Recreation Commission Meeting: May 7

Saturday, May 9

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. Cerritos Resident Talent Showcase 2026
- 4:00 p.m. Parks and Recreation Commission Meeting: May 7

Sunday, May 10

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 2:00 p.m. Planning Commission Meeting: May 6
- 9:00 p.m. CCPA Performances: Night Fever

Monday, May 11

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. City Council Meeting: May 11

Tuesday, May 12

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. City Council Meeting: May 11
- 7:00 p.m. Economic Development Commission Meeting: May 12

Wednesday, May 13

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Economic Development Commission Meeting: May 12
- 6:00 p.m. CCPA Performances: ATMA Ensemble

Thursday, May 14

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. Cerritos Resident Talent Showcase 2026

Friday, May 15

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 6:00 p.m. Economic Development Commission Meeting: May 12

Saturday, May 16

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 1:00 p.m. City Council Meeting: May 11

Sunday, May 17

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Cerritos Resident Talent Showcase 2026
- 9:00 p.m. CCPA Performances: Quinn Sullivan

Monday, May 18

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. Cerritos Resident Talent Showcase 2026

Tuesday, May 19

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. Senior Services Commission Meeting: May 19

Wednesday, May 20

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Senior Services Commission Meeting: May 19
- 7:00 p.m. Community Safety Committee Meeting: May 20

Thursday, May 21

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Community Safety Committee Meeting: May 20

Friday, May 22

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 6:00 p.m. Senior Services Commission Meeting: May 19

Saturday, May 23

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. Cerritos Resident Talent Showcase 2026
- 7:00 p.m. CCPA Performances: Four Italian Tenors

Sunday, May 24

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 2:00 p.m. Community Safety Committee Meeting: May 20

Monday, May 25

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga

Tuesday, May 26

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. Property Preservation Commission Meeting: May 26

Wednesday, May 27

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Property Preservation Commission Meeting: May 26
- 7:00 p.m. Cerritos Resident Talent Showcase 2026

Thursday, May 28

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. City Council Special Meeting: May 28

Friday, May 29

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. City Council Special Meeting: May 28
- 7:00 p.m. Cerritos Resident Talent Showcase 2026

Saturday, May 30

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 1:00 p.m. City Council Special Meeting: May 28

Sunday, May 31

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 2:00 p.m. Property Preservation Commission Meeting: May 26
- 8:00 p.m. CCPA Performances: Latin Rock R&B Show