



Improve Your Health for a Better Self!

HEALTH & WELLNESS FAIR

Friday, October 3, 2025

**8:30 a.m. - 12 p.m.
CERRITOS RESIDENTS**

**9 a.m. - 12 p.m.
GENERAL PUBLIC**

**MORE THAN 50 VENDORS PROVIDING
SENIOR-RELATED INFORMATION**

FREE HEALTH SCREENINGS!

Routine Senior Center activities and classes will not occur on this day. The Senior Center will be closed immediately following the event.

Guests are encouraged to carpool or use alternative forms of transportation.

