



*Improve Your Health for a Better Self!*

# **HEALTH & WELLNESS FAIR**

**Friday, October 3, 2025**

**8:30 a.m. - 12 p.m.  
CERRITOS RESIDENTS**

**9 a.m. - 12 p.m.  
GENERAL PUBLIC**

✓ **MORE THAN 50 VENDORS PROVIDING  
SENIOR-RELATED INFORMATION**

✓ **FREE HEALTH SCREENINGS!**

**Routine Senior Center activities and  
classes will not occur on this day.  
The Senior Center will be closed  
immediately following the event.**

***Guests are encouraged to carpool or  
use alternative forms of transportation.***

