HUMAN SERVICES ASSOCIATION "Where Caring Becomes Doing" CERRITOS SENIOR DINING CENTER MAY 2025			
TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
VOLUNTARY CONTRIBUTION FOR SENIORS 60 YRS & OLDER \$3.00 FEE FOR NON-SENIORS \$7.00	Happy Mother's Day!	BREADED FISH Flour Tortilla (1) Brown Spanish Rice Zucchini Medley Creamy Coleslaw w/Chipotle Dressing/Banana	Chicken Cilantro Soup BBQ HAMBURGER WG Bun Broccoli Macaroni Salad Plum or Pear
l -	·	_	9 Sack lunches
		<b>I</b>	Orange Juice
1			CHICKEN SALAD
1			WG Bread (2)
l l			Potato Salad
1		<b>I</b>	Carrot Raisin Salad
			Marinated Green Salad
Mandarin Oranges	Cream Cookie		Fresh Fruit
		•	Oatmeal Cookies
CHICKEN ENCHILADA CASSEROLE w/ RED	14 Cream of Broccoli Soup FISH VERA CRUZ WG Bread	PORK LOIN w/BLACK PEPPERCORN	16 Northern Bean Soup BEEF STROGANOFF WG Bread
	Corn	SAUCE	Egg Noodle
1	Carrot Slaw		Zucchini Medley
1	Kiwi		Chopped Spinach
Orange	Vanilla Chocolate Swirl	Beet & Onion Salad	& Kale Salad
	Pudding	Watermelon	Tangerine
1	21 Butternut Squash Soup	22	23 Memorial Day
	ROAST PORK	` ′	Orange Juice
1		1 *	! CHILI HOT DOG!
ı			Potato Salad
			Marinated Beet Salad
1 1			w/onions
Peaches	Waldorf Salad/Orange	Rainbow Sherbet	Watermelon
27 Cream of Mushroom Soup	28	29	30
TUNA SALAD	OVEN BAKED	Corn Chowder Soup	BEEF LASAGNA
WG Bread	CHICKEN(L&T)	TURKEY MEATLOAF	WG Roll
Potato Salad	Peas & Onions	WG Bread	Zucchini Medley
Garden Salad	Carrots Raisin Salad	Mashed Potatoes	Broccoli Slaw
w/Red Onion	WG Cornbread Stuffing	Channed Spinach & Kale	Tropical Fruit
W/ KCu Ollioli	TO COMOTON STUTTING	Chopped Spinach & Kale	Cream Sandwich / Cookie
	VOLUNTARY CONTRIBUTION FOR SENIORS 60 YRS & OLDER \$3.00 FEE FOR NON-SENIORS \$7.00  6 Vegetable Soup CHICKEN SALAD WG Roll Garden Salad Garbanzo Bean w/Red Onion, Celery & Tomato Mandarin Oranges  13 CHICKEN ENCHILADA CASSEROLE w/ RED SAUCE Black Beans Tomato & Cucumber Salad Orange  20 BEEF TERIYAKI Brown Rice Asian Vegetables Chopped Spinach Salad w/Shredded Brussels Sprouts Peaches  27 Cream of Mushroom Soup TUNA SALAD WG Bread Potato Salad Garden Salad	TUESDAY  VOLUNTARY CONTRIBUTION FOR SENIORS 60 YRS & OLDER \$3.00 FEE FOR NON-SENIORS \$7.00  6  Vegetable Soup CHICKEN SALAD WG Roll Garden Salad Garbanzo Bean w/Red Onion, Celery & Tomato Mandarin Oranges  13 CHICKEN ENCHILADA CASSEROLE w/ RED SAUCE Black Beans Tomato & Cucumber Salad Orange  14 Cream of Broccoli Soup FISH VERA CRUZ WG Bread Corn Carrot Slaw Kiwi Vanilla Chocolate Swirl Pudding  20  BEEF TERIYAKI Brown Rice Asian Vegetables Chopped Spinach Salad w/Shredded Brussels Sprouts Peaches  13 BURTERIYAKI Brown Rice Asian Vegetables Chopped Spinach Salad w/Shredded Brussels Sprouts Peaches  21 Butternut Squash Soup ROAST PORK w/ MUSTARD SAUCE WG Bread Pasta Collard Greens Waldorf Salad/Orange  21 Butternut Squash Soup ROAST PORK w/ MUSTARD SAUCE WG Bread Pasta Collard Greens Waldorf Salad/Orange  22  Collard Greens Waldorf Salad/Orange  24  OVEN BAKED CHICKEN(L&T) Peas & Onions Carrots Raisin Salad	TUESDAY  VOLUNTARY CONTRIBUTION FOR SENIORS 60 YRS & OLDER \$3.00 FEE FOR NON-SENIORS \$7.00  6  Vegetable Soup CHICKEN SALAD WG Roll Garden Salad Garbanzo Bean w/Red Onion, Celery & Tomato Mandarin Oranges  13 CHICKEN ENCHILADA CASSEROLE w/ RED SAUCE Black Beans Tomato & Cucumber Salad Orange  14 Cream of Broccoli Soup FISH VERA CRUZ WG Bread Corn Carrot Slaw Kiwi Vanilla Chocolate Swirl Pudding Vanilla Chocolate Swirl Pudding  20 BEEF TERIYAKI Brown Rice Asian Vegetables Chopped Spinach Salad w/Shredded Brussels Sprouts Peaches  27 Cream of Mushroom Soup TUNA SALAD WG Bread Potato Salad  OVEN BAKED CORN CORN CORN CORN CORN CORN CORN CORN

All MEALS SERVED WITH NONFAT OR 1 %LOW FAT MILK. PLEASE SEE SITE MANAGER FOR CHOICE OF FRUIT ! HIGH SODIUM! \*MENU SUBJECT TO CHANGE WITHOUT NOTICE - This project is funded, in part by Los Angeles County Area Agency on Aging, through the Older Americans Act of 1965 as amended. **RESERVATIONS TAKEN 24 HRS IN ADVANCE AT ALL SITES**