

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b> Beef Barley Soup <b>STUFFED BELL PEPPER</b> WG Roll Mashed Potato/Green Beans Applesauce Red Gelatin w/Fruit</p>	<p><b>3</b> <b>BEEF PICADO</b> Flour Tortilla Brown Spanish Rice Black Beans Chopped Romaine Salad Mandarin Oranges w/Jicama</p>	<p><b>4</b> Minestrone Soup <b>MEATLOAF</b> WG Bread/Broccoli Chopped Spinach &amp; Kale Salad Ranch Dressing cucumber &amp; Red Onions/Banana</p>	<p><b>5</b> <i>Happy March Birthdays!</i> <b>OVEN BAKED CHICKEN</b> WG Cornbread Stuffing Cauliflower Carrots &amp; Raisin Salad Peach/ “Cake” </p>	<p><b>6</b> Fideo Soup <b>FISH VERA CRUZ</b> Barley Pilaf Fiesta Corn Garden Salad w/Shredded Purple Cabbage Garnish Cantaloupe</p>
<p><b>9</b> <b>BEEF LASAGNA</b> WG Roll Cauliflower Cesar Salad w/Croutons Applesauce Cream Sandwich Cookie</p>	<p><b>10</b> Cream of Broccoli Soup <b>SHEPHERD’S PIE</b> WG Bread Green Beans/Mashed Potato Chopped Kale &amp; Spinach w/Shredded Carrots Garnish Salad/Pear</p>	<p><b>11</b> Tomato Soup <b>ROSEMARY CHICKEN w/CREAMY GARLIC SAUCE</b> Barley w/Parsley Brussels Sprouts Chopped Salad Tropical Fruit</p>	<p><b>12</b> <b>BEEF TERIYAKI</b> Brown Rice Asian Vegetables Garden Salad w/Red Onions Garnish Pineapple &amp; Mango</p>	<p><b>13</b> <b>TUNA SALAD SANDWICH w/WHOLE GRAIN BREAD</b> Lettuce &amp; Tomato Potato Salad Mandarin Orange Chocolate Chip Cookie</p>
<p><b>16</b> <i>Choice of Entrée</i> <b>GARLIC BUTTER FISH OR SWEET &amp; SOUR PORK w/BELL PEPPER</b> Barley w/Herbs/Spinach Marinated Tomato &amp; Onion Salad/Pear</p>	<p><b>17 St. Patrick’s Day Luncheon !CORNED BEEF!</b> Whole Rye Brea Potato Weges Steamed Cabbage Carrot &amp; Pineapple Salad Orange Green Manhattan Gelatin </p>	<p><b>18</b> <b>BEEF STEW</b> WG Dinner Roll Carrots Creamy Cucumber Salad Orange Fruited Vanilla Yogurt</p>	<p><b>19</b> <b>CHICKEN MARSALA w/MUSHROOM &amp; WHITE WINE SAUCE</b> WG Penne Pasta/Peas Marinated Beet Salad Kiwi</p>	<p><b>20</b> Tuscan Soup <b>BREADED FISH</b> Flour Tortilla Cilantro Lime Brown Rice Coleslaw w/Chipotle Dressing Zucchini Medley Banana</p>
<p><b>23</b> Cream Of Mushroom <b>BBQ HAMBURGER</b> WG Bun Broccoli Baked Beans Melon</p>	<p><b>24</b> <b>CHICKEN PASTA w/CREAMY GREEN SAUCE</b> WG Spiral Pasta Cauliflower Marinated Cucumber, Tomato Salad/Waldorf Salad</p>	<p><b>25</b> Chicken Tortilla Soup <b>ROAST TURKEY</b> Herb WG Stuffing Green Beans Coleslaw Banana</p>	<p><b>26</b> <b>ROAST BEEF w/GRAVY</b> WG Bread Mashed Potatoes Collard Greens Mandarin Orange Green Gelatin</p>	<p><b>27</b> <b>CREAMY CILANTRO BAKED FISH</b> Biscuits WG Penne Pasta Brussel Sprouts Spinach &amp; Kale Salad Peach or Plum</p>
<p><b>30</b> ALL SITES CLOSED </p>	<p><b>31</b> <b>SPAGHETTI w/MEATBALLS</b> Sourdough Bread WG Spaghetti Broccoli Romaine Cesar Salad w/Crouton/Banana</p>	<p><b>Happ St. Patri</b> </p>	<p></p>	<p><b>VOLUNTARY CONTRIBUTION FOR SENIORS</b> <b>60 YRS &amp; OLDER \$3.00 FEE FOR NON-SENIORS \$7.00</b></p>