

Wednesday, October 1

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Property Preservation Commission Meeting: September 30
- 7:00 p.m. Planning Commission Meeting: October 1

Thursday, October 2

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. Planning Commission Meeting: October 1
- 4:00 p.m. Property Preservation Commission Meeting: September 30

Friday, October 3

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Planning Commission Meeting: October 1
- 7:00 p.m. CCPA Performances: Night Fever

Saturday, October 4

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 6:00 p.m. CCPA Performances: Barrage 8

Sunday, October 5

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. CCPA Performances: British Rock Royalty
- 4:00 p.m. Planning Commission Meeting: October 1
- 10:00 p.m. CCPA Performances: Jumaane Smith

Monday, October 6

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 8:00 p.m. CCPA Performances: Night Fever

Tuesday, October 7

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 6:00 p.m. CCPA Performances: British Rock Royalty

Wednesday, October 8

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 5:00 p.m. CCPA Performances: Barrage 8

Thursday, October 9

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga

Friday, October 10

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. CCPA Performances: Barrage 8
- 8:00 p.m. CCPA Performances: Night Fever

Saturday, October 11

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 3:00 p.m. CCPA Performances: British Rock Royalty
- 9:00 p.m. CCPA Performances: Jumaane Smith

Sunday, October 12

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 6:00 p.m. CCPA Performances: Night Fever

Monday, October 13

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. City Council Special Meeting: October 13

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Tuesday, October 14

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. City Council Special Meeting: October 13
- 7:00 p.m. Economic Development Commission: October 14

Wednesday, October 15

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Economic Development Commission: October 14
- 9:00 p.m. CCPA Performances: Night Fever

Thursday, October 16

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 3:00 p.m. CCPA Performances: Barrage 8
- 9:00 p.m. CCPA Performances: Jumaane Smith

Friday, October 17

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. City Council Special Meeting: October 13

Saturday, October 18

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 4:00 p.m. City Council Special Meeting: October 13

Sunday, October 19

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. CCPA Performances: British Rock Royalty
- 5:00 p.m. Economic Development Commission: October 14
- 10:00 p.m. CCPA Performances: Jumaane Smith

Monday, October 20

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 1:00 p.m. CCPA Performances: Barrage 8

Tuesday, October 21

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. CCPA Performances: Night Fever

Wednesday, October 22

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 8:00 p.m. CCPA Performances: British Rock Royalty

Thursday, October 23

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 5:00 p.m. CCPA Performances: Barrage 8

Friday, October 24

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 6:00 p.m. CCPA Performances: Jumaane Smith

Saturday, October 25

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 11:00 a.m. CCPA Performances: British Rock Royalty
- 10:00 p.m. CCPA Performances: Night Fever

Sunday, October 26

- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 6:00 p.m. CCPA Performances: Barrage 8

Monday, October 27

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. City Council Special Meeting: October 27

Tuesday, October 28

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. City Council Special Meeting: October 27
- 7:00 p.m. Property Preservation Commission Meeting:
October 28

Wednesday, October 29

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 10:00 a.m. Property Preservation Commission Meeting:
October 28
- 8:00 p.m. CCPA Performances: Jumaane Smith

Thursday, October 30

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 4:00 p.m. Property Preservation Commission Meeting:
October 28

Friday, October 31

- 7:00 a.m. Feeling Fit Club
- 8:00 a.m. RecConnectLA Workout
- 8:30 a.m. Tai Chi for Beginners
- 9:00 a.m. Mind Body Yoga
- 7:00 p.m. City Council Special Meeting: October 27