



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Northern Bean Soup <b>BEEF CHILI MAC</b> WG Spiral Pasta Peas & Corn Chopped Spinach & Kale w/Red Onions Salad Pear	<b>2</b> <i>Choice of Entrée</i> <b>HERB BAKED FISH</b> w/DILL SAUCE OR ROAST <b>PORK w/MUSTARD SAUCE</b> WG Bread Couscous/Steamed Cabbage Waldorf Salad/Cookie	<b>3</b> Butternut Squash Soup <b>TURKEY A LA KING</b> Biscuit WG Pasta Cauliflower Marinated Beet Salad w/Onions Peach	<b>4</b> <b>MEATLOAF w/RED SAUCE</b> WG Bread Mashed Potatoes Mediterranean Salad Fruit Cocktail w/Coconut Garnish	<b>5</b> <i>Sack Lunches</i> Orange Juice <b>CHICKEN SALAD/ WG BREAD</b> Potato Salad Carrot Raisin Salad Green Beans Fresh Fruit/Oatmeal Cookies
<b>8</b> Beef Barley Soup <b>STUFFED BELL PEPPER</b> WG Roll Mashed Potato/Green Beans Applesauce Red Gelatin w/Fruit	<b>9</b> <b>BEEF PICADO</b> Flour Tortilla Brown Spanish Rice Black Beans Chopped Romaine Salad Mandarin Oranges w/Jicama	<b>10</b> Fideo Soup <b>FISH VERA CRUZ</b> Barley Pilaf Fiesta Corn Garden Salad w/Shredded Purple Cabbage Garnish Cantaloupe	<b>11</b> <b>GRAB &amp; GO MEAL</b>	<b>12</b> <i>Christmas Luncheon!</i> <b>ROAST BEEF w/GRAVY</b> WG Dinner Roll Mashed Potatoes Kale & Spinach w/Tomatoes Ambrosia Salad Gingerbread Cake w/Whipped Cream & Christmas Sprinkles
<b>15</b> <b>BEEF LASAGNA</b> WG Roll Cauliflower Cesar Salad w/Croutons Applesauce Cream Sandwich Cookie	<b>16</b> Cream of Broccoli Soup <b>SHEPHERD’S PIE</b> WG Bread Green Beans/Mashed Potato Chopped Kale & Spinach w/Shredded Carrots Garnish Salad/Pear	<b>17</b> Tomato Soup <b>ROSEMARY CHICKEN</b> w/CREAMY GARLIC <b>SAUCE</b> Barley w/Parsley Brussels Sprouts Chopped Salad/Tropical Fruit	<b>18</b> <b>BEEF TERIYAKI</b> Brown Rice Asian Vegetables Garden Salad w/Red Onions Garnish Pineapple & Mango	<b>19</b> <b>BBQ CHICKEN</b> WG Roll Collard Greens Black Eye Peas Orange
<b>22</b> <i>Choice of Entrée</i> <b>GARLIC BUTTER FISH</b> <b>OR SWEET &amp; SOUR PORK w/BELL PEPPER</b> Barley w/Herbs/Spinach Marinated Tomato & Onion Salad/Pear	<b>23</b> Lentil Soup <b>CHICKEN CURRY</b> Brown Rice Asian Mixed Vegetables Chopped Asian Salad w/Romaine & Green Onions Cantaloupe	<b>24</b>  <b>City Closed</b> <b>CHRISTMAS EVE</b>	<b>25</b> <b>ALL SITES CLOSED</b> <b>CHRISTMAS DAY</b> 	<b>26</b> <b>ALL SITES CLOSED</b> 
<b>29</b> Cream Of Mushroom <b>BBQ HAMBURGER</b> WG Bun Broccoli Baked Beans Melon	<b>30</b> <b>CREAMY CILANTRO BAKED FISH</b> Biscuit WG Penne Pasta Brussel Sprouts Spinach & Kale Salad Peach or Plum	<b>31</b> <i>New Year’s Luncheon!</i> <b>!BAKED HAM w/GLACE!</b> WG Dinner Roll Fresh Sweet Potato Broccoli Coleslaw Kiwi Dessert Pie		<b>VOLUNTARY CONTRIBUTION FOR SENIORS 60 YRS &amp; OLDER \$3.00 FEE FOR NON-SENIORS \$7.00</b>