



Active Bodies, Healthy Minds



CITY OF CERRITOS
SENIOR HEALTH & WELLNESS FAIR

Friday, October 2, 2026

CERRITOS RESIDENTS

8:30 a.m. - 12 p.m.



GENERAL PUBLIC

9 a.m. - 12 p.m.



Event is open to patrons age 50 and older.

✓ **MORE THAN 50 VENDORS PROVIDING SENIOR-RELATED INFORMATION**

✓ **FREE HEALTH SCREENINGS!**

Routine Senior Center activities and classes will not occur on this day. The Senior Center will be closed immediately following the event.

Guests are encouraged to carpool or use alternative forms of transportation.



Special thanks to the Port of Long Beach for helping make this event possible.