



CITY OF CERRITOS



April 2026

Cerritos Lifelong Enrichment

Recreation, Education, Fitness, Wellness, and Adult Services
for People 50 Years and Over

Your Cerritos Digital Newsletter

The City of Cerritos welcomes you to our digital edition of the “Cerritos Lifelong Enrichment!” We’re pleased to present information about upcoming activities at the Cerritos Senior Center at Pat Nixon Park.

To print this newsletter, download the PDF first (icon located on lower right side below the newsletter) and select printing options from your browser.

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**Browse classes
and register with**



Special Events

Enjoy the Little Things-Women’s Luncheon

Join us for this year’s Women’s Luncheon as we celebrate life’s simple joys at our “Enjoy the Little Things” event. Guests will enjoy a delicious luncheon, delightful desserts, and an afternoon filled with laughter, friendship, and uplifting entertainment.

In keeping with our theme, attendees will also have the opportunity to participate in small service activities designed to make a meaningful impact through simple acts of kindness. This special gathering promises warmth, connection, and joyful moments shared together.

Registration details: A maximum of four tickets may be purchased during the first week of registration. Seats are selected at the time of registration at the Cerritos Senior Center. All guests must be 50 years of age or older.

Registration Starts:
4/3 Resident, Non-Resident 4/10

Fri	5/8	1-3PM	\$20	1 Day	#17107
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Get Digital Newsletter Email and Text Alerts

Receive email and text notices when the new Lifelong Enrichment digital publication is available here online.

Visit the [News Signup page](#) and create an account, then select the “Lifelong Enrichment” category.

For more information, visit cerritos.gov/cnewsdigital.

April 2026



Senior Excursion

Travel Policy

Please join us for the exciting excursion listed below. During Cerritos resident registration, Cerritos residents may purchase a maximum of two tickets per household account: one for themselves and one additional ticket. During open registration, Cerritos residents and non-residents may purchase multiple number of tickets.

Tickets may be purchased in person or online for participants 50 years and older and paid in full by check, money order, Visa, or MasterCard.

All cancellations must be made 10 days prior to excursion date, unless noted otherwise. Tickets are nontransferable. Pickup and drop-off location will be the Cerritos Sports Complex front lot at 19900 Bloomfield Avenue.

Changes will be noted on flyers and confirmed two days prior to the excursion date. During registration, you will be given a new excursion affidavit form to fill out, and prior to boarding the bus, you MUST show your picture I.D.

The Huntington Library

Experience the elegance of The Huntington Library, Art Museum, and Botanical Gardens, where art, literature, and beautifully designed gardens come together for an enriching and memorable excursion.

Registration Starts:

Currently underway for Residents, Non-Resident 4/1

Wed	5/6	9AM-4PM	\$35	One Day	#17104
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The City does not allow soliciting nor endorse any agency, partner, instructor, vendor, or presenter.

Special Activities

Book Club

Join fellow book enthusiasts every month to share insights on select readings. Participants are required to read at least one-third of the book to attend the class. Please visit the Reception Desk for a current book list.

Mon	4/27	1-3PM	Free	Monthly Class	Drop-in
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Writing Your Life Story

Leave a legacy for your family to cherish through this inspiring group writing experience. Share your life journey through meaningful storytelling in this friendly and encouraging setting. Classes are held on every first and third Monday.

1st Mon	4/6	2-4PM	Free	Bi-Weekly Class	Drop-in
3rd Mon	4/20	2-4PM	Free	Bi-Weekly Class	Drop-in

Gardening Club

Join volunteer Ingrid for our new gardening club. Whether you're new to gardening or have years of experience, the club will be educational and fun. There will be basic gardening techniques, as well as information on what to plant for natural wellness. Let's grow a new garden community at the Cerritos Senior Center. Classes are held every third Tuesday.

3rd Tue	4/21	1:30-2:30PM	Free	Monthly Class	Drop-in
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Lighten Up with Laughter

Laughter brings enthusiasm, happiness, and zest in your life. Join volunteer instructor, Sudha and enjoy a little laughter and humor with friends.

Wed	Weekly	2:30-3:30PM	Free	Weekly Class	Drop-in
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Ultimate Optimist

Join volunteer instructor Sudha and learn to become the ultimate optimist. Acquiring knowledge on how to think differently and create a life that honors your deepest desires. Daily practice will keep you focused on vibrant health, meaningful experiences, rich relationships, abundant prosperity, and more.

Thu	Weekly	10-11AM	Free	Weekly Class	Drop-in
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Bible Study

Join this volunteer-led group and share points of view in a safe and open environment.

Thu	Weekly	10AM-12PM	Free	Weekly Class	Drop-in
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Tech Support

Whitney High School Branch students are available on Thursdays to assist/guide seniors with their technology questions. No form of technology will be provided, please bring your own.

Student volunteers are leading this activity. Dates and times subject to change based on availability of volunteers.

Thu	Weekly	3:30-4:30PM	Free	Weekly	Drop-in
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Friday Movie Matinee

Movies shown are rated "G" to "PG-13." Please note that movie titles are subject to change based on availability. Please stop by the Reception Desk to pick up a list of movies and a synopsis of content offered for each month. Visual captions will be in play only if a patron requests this option prior to the start of the movie and only if the movie offers the caption option.

Fri	Weekly	1-3PM	Free	Weekly Movie	Drop-in
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Arts

Sewing

Join instructor Rosario Lamoureux for a new and fun 6-week introduction to sewing class. Learn how to thread a sewing machine, basic sewing projects, throw pillows, bags and more. Advanced students are welcome to make clothing to wear but must provide own patterns.

Students provide their own supplies.

No class on May 25.

Mon	4/27-6/8	10AM-1PM	\$90	6 Classes	#17087
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Chinese Calligraphy

Join this volunteer-led group on the fourth Tuesday of every month to learn this ancient art form. All levels are welcome. Please bring calligraphy pens, brushes and paper.

4th Tue	4/28	1-4PM	Free	Monthly Class	Drop-in
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Knitting & Crocheting

Join instructor Candace Broeker to explore the many creations you can give as homemade gifts that add a personal touch for your loved ones. If you have your own equipment, please bring the items with you.

Tue	4/28-5/19	5-7PM	\$36	4 Classes	#17088
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Watercolor Painting

Immerse yourself in the world of watercolor painting with Darshini Aithal, where you'll refine your skills and embrace the joy of painting. Each session offers engaging demonstrations and hands-on practice, covering basics, techniques, and valuable tips for creating stunning masterpieces. All levels are welcome, from beginners to intermediates. Please bring your own supplies (a list will be provided) and come ready to start this colorful journey with imagination and enthusiasm!

Wed	4/15-5/6	10AM-12PM	\$100	4 Classes	#17101
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Handcrafters

Come out and share your handcrafting talents with your peers. All levels are welcome.

Wed	Weekly	1-4PM	Free	Weekly Class	Drop-in
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Stay Connected

Follow us on **Facebook**, **Instagram**, **LinkedIn**, **YouTube** and **X** to stay informed about the City of Cerritos and get the latest City updates:



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Dance & Music

Crystal Singing Bowl Sound Bath

Experience deep relaxation and natural healing through the soothing sounds of crystal singing bowls. A sound bath is a meditative journey where you sit or lie down comfortably while gentle, beautiful tones surround you. These vibrations help calm the nervous system and bring the body into a state of balance.

Tue	4/28-5/26	8-9AM	\$30	5 Classes	#17109
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Country Guitar

Join this volunteer-led group for a guitar play session. Some knowledge of guitar playing is required.

Tue	Weekly	9:30AM-12PM	Free	Weekly Class	Drop-in
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Chorus

Join this volunteer-led group every Friday and learn how to sing amazing songs in perfect harmony.

Fri	Weekly	10-11:15AM	Free	Weekly Class	Drop-in
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Games

Billiards Tournament

Tournament play will be on the first Monday of every month. Compete for prizes and bragging rights in this friendly monthly competition. Tournaments will be scheduled on the second Monday of the month when holidays occur on the first Monday. Open play is not allowed during tournament play.

1st Mon	4/6	10AM-12PM	Free	Monthly Game	#16396
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Chinese Hong Kong Mahjong

Mahjong is a Chinese board game that gained U.S. popularity in the 1920's. No previous knowledge of the game is required to participate in the group.

Mon	Weekly	9-11:30AM	Free	Weekly Game	Drop-in
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Bridge

Boost your mental fitness, sharpen your bridge skills, while making new friends. All levels are welcome, but some playing knowledge is required.

Tue	Weekly	9AM-12PM	Free	Weekly Game	Drop-in
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Cerritos Wei Qi

Wei Qi is a chess game invented in China more than 2,500 years ago. Some knowledge of the game is required to participate in the group.

Tue	Weekly	1-4PM	Free	Weekly Game	Drop-in
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Texas Hold 'em Drop-in-Play

Join Texas Hold 'em drop-in-play and make new friends while learning proper wagering techniques as well as the odds of winning hands.

Wed	Weekly	2-4PM	Free	Weekly Game	Drop-in
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Movie Matinee Friday

FRIDAY, APRIL 24
1 P.M.

Free-of-charge | Drop-in

QUAKE HEROES

Movie Synopsis:
A motivational documentary that blends stories of real-life heroism and news footage from the January 1994 Northridge earthquake along with how science and engineering have improved safety since. The film was created by the Statewide California Earthquake Center with support from FEMA and many sponsors to inspire individual and community resilience.

Sponsored by SCSH Emergency Preparedness Committee

Cerritos Senior Center at Pat Nixon Park (562) 916-8550 12340 South St. Cerritos, CA 90703

April 2026



Fitness & Wellness

Senior Walking Group

Join volunteer instructor and fellow walkers and enjoy the outdoors. You can get fit while making friends. All levels welcomed and will not meet in cases of inclement weather. Group meets at the Reception Desk and will leave the Senior Center site. Walkers must sign in and have a current waiver on file.

Tue/Thu	Weekly	8-9AM	Free	2 Classes/Week	Drop-in
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Longevity Stick Art

The “Longevity Stick” regimen incorporates a series of 12 movements designed to improve balance, flexibility, strength, mental focus, breathing capacity, and vitality. This class is held outdoors. Class will not be held on days of inclement weather.

Wed/Fri	Weekly	9-10AM	Free	Weekly Class	Drop-in
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Neurobics

Join us for a lively, engaging class designed to keep your brain active, energized, and thriving! Neurobics is all about giving your brain a healthy workout through enjoyable activities that stimulate memory, focus, creativity, and coordination.

Tue	4/14-5/5	2:30-4PM	\$20	4 Classes	#17099
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Zumba Gold

Zumba Gold is a lower intensity version of standard Zumba. The class is designed to help older adults meet their fitness goals through fun, rhythmic cardio-dancing. Join instructor Lettie Morris and dance your way to a healthier lifestyle.

Class fee is \$25 for a 5-week session. A \$6 per class payment option is also available, but the exact dollar amount is required if paying cash. Space is limited and priority class space will be given to students who have registered for the 5-week session. Checks and credit cards will also be accepted for payment.

Registration Starts:
4/8 Resident, Non-Resident 4/15

Wed	5/6-6/3	9-10AM	\$25	5 Classes	#17110
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The Ageless Collective

This 4-week class will take you on a holistic health journey around the world where you will learn how to improve your diet, sleep and physical activity levels, balance hormonal changes, manage pain and enhance overall well-being through ancient healing wisdom with a modern twist...all while having fun!

Tue	4/14-5/5	5:30-7PM	\$20	4 Classes	#17100
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Yoga Therapy for Stress Management

In this class, you'll explore gentle, breath-centered movement, simple breathing techniques, and guided relaxation practices. These tools are designed to help calm your nervous system, improve emotional regulation, and support a more positive response to everyday challenges. 15 Minute intake prior to first session will be required to adapt the practice to your needs.

Registration Starts:
4/3 Resident, Non-Resident 4/10

Fri	5/1-6/5	9-10AM	\$40	6 Classes	#17105
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Ping-Pong

Join your friends on Tuesdays, Thursday, and Fridays for doubles play.

Tue	Weekly	4:30-7:30PM	Free	Weekly Class	Drop-in
Thu	Weekly	4:30-7:30PM	Free	Weekly Class	Drop-in
Fri	Weekly	7:30AM-12PM	Free	Weekly Class	Drop-in

Blood Pressure Screenings

Stop by the Health Room for free standard blood pressure screening provided by a retired or active nurse volunteer. If you are a retired or active nurse interested in volunteering, please contact the Cerritos Senior Center to request an application.

Mon	Weekly	9-11AM	Free	Weekly	Drop-in
Tue	Weekly	10AM-1PM	Free	Weekly	Drop-in
Wed	Weekly	9-11:30AM	Free	Weekly	Drop-in
2nd/4th Fri	4/10 & 4/24	8:30-10:30AM	Free	Monthly	Drop-in

FEATURED

CSULB Student Nurse Mini Health Fair

Join Pathways and CSULB student nurses for a mini health fair focused on practical wellness strategies for everyday life. Topics include the value of exercise with simple and accessible tips, stress awareness and management, balanced nutrition for optimal health, and helpful ways to reduce isolation and loneliness. Don't miss this opportunity to gather resources, ask questions, and support overall well-being.

Wed	4/15	9:30-11:30AM	Free	1 Class	Drop-in
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Information/Referrals

Health Insurance Counseling and Advocacy Program

The Health Insurance Counseling and Advocacy Program (HICAP) of the Center for Health Care Rights provides free assistance to Los Angeles County Medicare beneficiaries who need help getting through the Medicare Maze. The Cerritos Senior Center HICAP representative is Erica.

L.A. County Residents only.

1st Wed	4/1	12:30-3:30PM	Free	Monthly Class	By Appt.
4th Wed	4/22	12:30-3:30PM	Free	Monthly Class	By Appt.

Notary Public Service

Join Certified Senior Advisor from CarePatrol of Inland LA County for a free Notary Service on the 2nd Thursday of each month. Basic Notarization, including acknowledgements and jurats, will be provided. Patrons MUST have documents prepared and only 2 documents to be notarized per appointment. Appointments are required and can be scheduled at the Senior Center Reception Desk.

2nd Thu	4/9	10AM-12PM	Free	Monthly	By Appt.
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Mobile Office Hours

Need assistance with a federal agency? Visit representatives from U.S. Representative Derek Tran’s office on the 2nd Tuesday each month for help with Social Security, Medicare, VA benefits, immigration issues, federal grants, and more.

To learn more, visit tran.house.gov/mobile-office-hours.

2nd Tue	4/14	10AM-1PM	Free	Monthly	Drop-in
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HSA Case Management

Sponsored by Human Services Association, the Supportive Services Program (SSP) helps elders obtain services that enable them to safely remain at home with a measure of independence and dignity. Human Services Association representative is Reina.

Cerritos residents only. Please make an appointment at the Reception Desk.

Wed	4/1-4/29	9:30-11:30AM	Free	Weekly	By Appt.
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Alzheimer's Caregiver Support Group

For many, the best source of support is through support groups. Join a facilitator from Alzheimer's Los Angeles on the third Friday of each month to develop new coping strategies and find comfort, strength, and hope in a compassionate and safe environment.

3rd Fri	4/17	10AM-12PM	Free	Monthly	Drop-in
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Cerritos Resident Talent Showcase — Cablecast on Cerritos TV3

Cerritos Talent Showcase celebrating the City's 70th anniversary, which be cablecast on Cerritos TV3 at 7 p.m. on Friday, April 24; Saturday, April 25; and Sunday, April 26. The show features Cerritos residents, ages 4 and older, in singing, dancing, and musical performances.



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Lectures

Living Trusts

A living trust places assets into a trust during a person's lifetime to manage and distribute them efficiently. It allows property to pass to beneficiaries without probate and can provide continuity if incapacity occurs.

Tue	4/7	10AM	Free	1 Class	#16494
Fri	4/17	9AM	Free	1 Class	#17078

Understanding Home-Care Options

Understanding home-care options is an important step in planning for long-term independence and well-being. Join Robert Regan from Synergy HomeCare to learn how to build a care plan early, the difference between non-medical home care and home health, and ways families can prepare financially and emotionally.

Wed	4/8	10AM	Free	1 Class	#16495
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Understanding Anxiety

Virtual Presentation*

We all experience anxiety and stress, but at times, these feelings may interfere with our day-to-day activities. Join Jenny Alcala-Alonzo from Independence at Home to learn some techniques on how to manage these feelings of anxiety and stress.

**A link to access the Zoom presentation will be emailed to you prior to the day of the lecture.*

Tue	4/14	10AM	Free	1 Class	#17077
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Annuities

Annuities provides an overview of how annuity products can support long-term financial stability, generate guaranteed income, and complement broader retirement and estate planning strategies. Join Jake Richards from United California Estate Services to understand the different types of annuities, key considerations, and how they may fit into a well-structured financial plan.

Tue	4/14	10AM	Free	1 Class	#17079
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AI All Around

If it seems like AI is showing up everywhere, it's not just you! From searching the web to attending a Zoom meeting, AI tools are now available to help with most online tasks. Join a representative from Independence at Home to explore many of the digital platforms and websites where generative AI is now available.

Wed	4/15	10AM	Free	1 Class	#17080
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One-on-One Tech Coaching

Need help using an iPhone, tablet, or other tech devices? Join tech coaches from Independence at Home for one-on-one support and get personalized help to better understand and use devices with confidence.

Appointments are 30 minutes per session. Please sign up at the Reception Desk. Space is limited; patrons are permitted to schedule one appointment only.

Wed	4/15	1-4PM	Free	1 Class	By Appt.
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Memory Loss & Alzheimer's

Join Kristy Huang-Arai from Alzheimer's Los Angeles to learn about the causes of memory loss, the difference between normal aging and signs of dementia and what to do when visiting the doctor.

Thu	4/16	10AM	Free	1 Class	#17082
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Avoiding Medi-Cal Spend Down

Join Jake Richards from United California Estate Services for strategies that help preserve assets while maintaining eligibility for Medi-Cal benefits, planning techniques, and practical solutions designed to protect hard-earned wealth.

Tue	4/21	10AM	Free	1 Class	#17083
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Medicare Basics

Turning 65? Already a Medicare beneficiary, but have questions? Join La Nedra Munson from United Healthcare to learn what Medicare does and does not cover, who qualifies, coverage choices and how to choose a plan based on needs.

Wed	4/22	10AM	Free	1 Class	#17084
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Depression and Anxiety

Join Jenna Gutierrez from Los Angeles County Department of Mental Health to learn to recognize the symptoms of depression and anxiety in seniors. Find out what contributes to these problems and what needs to be done when a loved one suffers from depression and anxiety.

Thu	4/23	9AM	Free	1 Class	#17085
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Long-Term Care Planning

A thoughtful long-term care strategy plays a vital role in protecting family, preserving savings, strengthening retirement plans, and maintaining peace of mind. Join Julia Saenz from New York Life to learn about the importance of long-term care planning, the associated costs, and what is and is not covered by government programs.

Fri	4/24	10AM	Free	1 Class	#17108
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Red Flags that Older Adults Need Help

How do you know when an older adult needs help? Join Jenny Alcala-Alonzo from Independence at Home to learn some of the signs and red flags when an older adult needs help to remain healthy and independent.

Tue	4/28	2PM	Free	1 Class	#17086
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Sonablate HIFU Treatment for Prostate Cancer

Join Jerry Nakafuji from AIT Med for a general overview of Sonablate HIFU, an advanced, non-invasive treatment option for prostate cancer. Using high-intensity focused ultrasound, Sonablate precisely targets and destroys cancerous prostate tissue without incisions or radiation. Because it spares surrounding healthy tissue, patients often experience significantly fewer side effects and a faster recovery compared with traditional prostate surgery or radiation therapy.

Thu	4/30	11AM	Free	1 Class	#17089
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Get Digital Newsletter Email and Text Alerts

Receive email and text notices when the new Lifelong Enrichment digital publication is available here online.

Visit the [News Signup page](#) and create an account, then select the “Lifelong Enrichment” category.

For more information, visit cerritos.gov/cnewsdigital.



Senior Clubs and Organizations

Cerritos Chinese American Seniors

Tue	1-4PM	Aspen/Pine	Helen Huang	(562) 547-5849 h1h312@yahoo.com
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Cerritos Folk Dancers

Tue	5-8PM	Maple	Wen Chiang	(626) 500-5035 chiangwenli@yahoo.com
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Cerritos Gadabouts

Mon	9AM-12PM	Aspen/Pine	Ray Ramirez	(562) 276-3716 rayram43@gmail.com
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Cerritos Ivy Club

Thu	1-4PM	Aspen/Pine	Bonnie Lin	(562) 412-1267 bonnielee1950@yahoo.com
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Da' Hawaii Seniors Club

2nd/4th Thu	2-5PM	Maple	Carmelita Tiongson	(562) 305-7995 carmelitationgson@gmail.com
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Filipino Seniors of Cerritos

1st/3rd Fri	1:30-4:30PM	Arts/Crafts	Mayette Centeno	(562) 331-0938 mayette118@gmail.com
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Formosa Seniors Association

Thu	5-8PM	Aspen/Pine	Chrstine Ya Chin Lee	(213) 219-1430 yachinlee@hotmail.com
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Cerritos Indo American Seniors

1st/3rd Thu	2-5PM	Maple	Arvind Patel	(562) 322-0085 acp.patel@yahoo.com
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2nd/4th Thu	2-5PM	Arts & Crafts	Arvind Patel	(562) 322-0085 acp.patel@yahoo.com
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Mid-City Korean American Seniors

1st-4th Thu	9AM-12PM	Riverrock	Kyo Kim	(562) 900-9382 kyohokim@hotmail.com
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The "Original" Happy Seniors of Cerritos

1st-4th Tue	5-8PM	Aspen/Pine	Lucita Cordero	(714) 947-6456 lucitac586@gmail.com
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Register for an Account

To register for classes, visit the Senior Center at Pat Nixon Park, located at [12340 South Street](#) in Cerritos, or call [\(562\) 916-8550](#). All classes are held at the Senior Center, unless noted otherwise.

The monthly activity calendar and “Lifelong Enrichment” newsletter may be viewed online at [cerritos.gov/seniorclasses](#). Please see the Activity Calendar for a full list of classes and services.

All patrons who want to partake in any Senior Center activities and obtain/retain a fitness center membership must create a RACER account.

Browse classes and register with **RACER**
Powered by CivicRec

For More Information

Visit [cerritos.gov/register](#) or call the Senior Center at [\(562\) 916-8550](#) and contact Cerritos Senior Center staff for assistance.



H.S.A. Lunch Program

Serving Patrons 50 and Over

Reservations

Reservations are now accepted. Reservations for dine-in hot meals must be made 24 hours in advance before you plan to attend lunch.

Reservations may be canceled 24 hours prior to meal service. If you do not have a reservation, you will be placed on a waitlist and may receive a lunch if extras are available.

Time and Check-In

Lunch is served promptly at noon Monday through Friday.

Please check in no later than 12:10 p.m. or your lunch may be given to a senior on the waitlist.

Cost

Ages 60+: Suggested donation of \$3

Ages 50-59: \$7 fee

For More Information

Call [\(562\) 916-8555](tel:(562)916-8555)



Senior Center Fitness Center

The 5,000-square-foot Cerritos Senior Center at Pat Nixon Park Fitness Center features state-of-the-art cardiovascular and weight equipment, locker rooms, restrooms, a public counter, weighing scale, and a stretching area.

Membership

Membership is required to use the Fitness Center and is limited to Cerritos residents age 50 or older. The fee is \$50 per year, which allows seniors to work out at the Senior Center, Cerritos Park East, and Swim Center fitness centers. The fee will be waived for those seniors proving a need or hardship based on federal income guidelines. All seniors must submit a completed waiver to qualify for Fitness Center membership. Seniors must also bring proper proof of Cerritos residency.

Senior Center Fitness Center Hours

Monday, Wednesday, and Friday

7:30 a.m.–5 p.m.

Tuesday and Thursday

7:30 a.m.–8 p.m.

Saturday and Sunday

Closed

Amenities

Cerritos Senior Fitness Center amenities include:

- Cardiovascular equipment
- Stretching area
- Locker rooms
- Restrooms
- Weight training equipment
- Weighing scale

For More Information

Visit cerritos.gov/seniorfitness or call the Senior Center at [\(562\) 916-8550](tel:5629168550).

Senior Center Fitness Center members can also use their membership to access the fitness centers at the Cerritos Olympic Swim Fitness Center and Liberty Park Fitness Center.



Facility Rental

Rooms at the Cerritos Senior Center can be rented for adult-oriented events. The Senior Center's 5,000-square foot Majestic Room and catering kitchen can accommodate large parties. The Senior Center also offers multi-purpose rooms and an outdoor patio area that can be reserved.

For More Information

Visit the [Senior Center Facility Rental page](#) or call the Cerritos Senior Center at [\(562\) 916-8550](tel:(562)916-8550).

Ask us about our private rental availability

We are now accepting private rentals
Fridays from 6 p.m. to Midnight

Stay Connected

Follow us on **Facebook**, **Instagram**, **LinkedIn**, **YouTube** and **X** to stay informed about the City of Cerritos and get the latest City updates:



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CITY OF CERRITOS

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Community Events

CITY OF CERRITOS PRESENTS



Spring Fling

& FIREWORKS SPECTACULAR
Celebrating the City's 70th Anniversary!

SATURDAY, APRIL 25, 2026
4 - 8:30 PM

CERRITOS SPORTS COMPLEX - 19900 BLOOMFIELD AVENUE

In honor of the 70th Anniversary, the City of Cerritos will host a one-day festival featuring entertainment, food trucks, and a fireworks show at 8:30 PM. Entertainment will showcase talent from local schools and professional acts on the main stage. Gourmet food trucks will provide an assortment of specialty menu items for purchase. There is no admission fee to the event.

CRAFTS	 	ENTERTAINMENT
GAMES		DANCE RECITAL 4 PM
ENTERTAINMENT		LOCAL TALENT SHOWCASE 5:15 PM
FIREWORKS		LINE DANCING 5:45 PM
FOOD TRUCKS		HEADLINER BAND 7 PM
		REMIXIFYED

For more information, please call the Recreation Services Division at (562) 916-1254.

April 2026



S.P.I.C.E.

Seniors Personally Involved in Children’s Enrichment

Add some S.P.I.C.E. to your life! You can make a meaningful difference in a child’s life. If you are interested in enriching a child’s education, consider volunteering with the S.P.I.C.E. program.

The City of Cerritos continues its commitment to safety by fingerprinting all S.P.I.C.E. volunteers. All interested volunteers who have not yet been fingerprinted must schedule an appointment with Senior Center staff. For more information, contact the Cerritos Senior Center at [\(562\) 916-8550](tel:5629168550).

Mental Challenge

Sixth grade students and senior adults team up for a fun, enriching trivia game that bridges generations and fosters intergenerational connection. Through lively rounds of questions, they share stories, test their knowledge, and learn from one another while promoting connection, collaboration, and a love of lifelong learning.

Tue	4/28	10:30-11:30AM	Free	1 Class	#15935
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April is National Volunteer Month — Thank You, Volunteers!

During April, as we celebrate National Volunteer Month, we want to extend our heartfelt thanks to the incredible senior center volunteers. Your time, dedication, and compassion make a meaningful difference in the lives of everyone who walks through the senior center doors, and we are truly grateful for all that you do. As a small token of our appreciation, volunteers, please stop by the front desk at your convenience to pick up a gift. Thank you again for being such an essential part of the Cerritos community.

April 2026



Cerritos Lifelong Enrichment

April 2026

Produced by
Community Services Division

**Communications
and Marketing Division**



CITY OF CERRITOS

Frank Aurelio Yokoyama Mayor
Lynda P. Johnson Mayor Pro Tem
Jennifer Hong Councilmember
Mark E. Pulido Councilmember
Sophia M. Tse Councilmember
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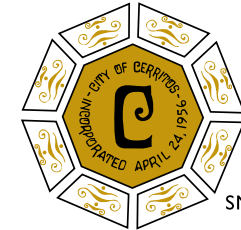
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Cerritos Senior Center

at Pat Nixon Park

12340 South Street
Cerritos, CA 90703

(562) 916-8550



CITY OF CERRITOS

18125 Bloomfield Avenue
Cerritos, CA 90703

(562) 860-0311 | cerritos.gov

Senior Center Hours

Monday, Wednesday and Friday

7:30 a.m.–5 p.m.

Tuesday and Thursday

7:30 a.m.–8 p.m.

Saturday and Sunday

Friday 6 p.m. to Midnight

Closed for private rentals

Senior Center Closures

No April holiday closures