



CITY OF CERRITOS



August 2026

Cerritos Lifelong Enrichment

Recreation, Education, Fitness, Wellness, and Adult Services
for People 50 Years and Over

Your Cerritos Digital Newsletter

The City of Cerritos welcomes you to our digital edition of the “Cerritos Lifelong Enrichment!” We’re pleased to present information about upcoming activities at the Cerritos Senior Center at Pat Nixon Park.

To print this newsletter, download the PDF first (icon located on lower right side below the newsletter) and select printing options from your browser.

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Browse classes
and register with



Senior Excursion

Travel Policy

Please join us for the exciting excursion listed below. During Cerritos resident registration, Cerritos residents may purchase a maximum of two tickets per household account: one for themselves and one additional ticket. During open registration, Cerritos residents and non-residents may purchase multiple number of tickets.

Tickets may be purchased in person or online for participants 50 years and older and paid in full by check, money order, Visa, or

MasterCard. All cancellations must be made 10 days prior to excursion date, unless noted otherwise. Tickets are non-transferable. Pickup and drop-off location will be the [Cerritos Sports Complex front lot at 19900 Bloomfield Avenue](#).

Changes will be noted on flyers and confirmed two days prior to the excursion date. During registration, you will be given a new excursion affidavit form to fill out, and prior to boarding the bus, you MUST show your picture I.D.

Whale Watching

Get ready for an unforgettable ocean adventure! Join us as we set sail on a Long Beach Harbor Cruise for an exciting whale-watching excursion. Experience the beauty of the Pacific Ocean and discover amazing marine wildlife in their natural habitat.

Registration Starts:
8/12 Resident, Non-Resident 8/19

Wed	9/23	11AM-4PM	\$40	One Day	#17713
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Special Activities

Book Club

Join fellow book enthusiasts every month to share insights on select readings. Participants are required to read at least one-third of the book to attend the class. Please visit the Reception Desk for a current book list.

Mon	8/24	1-3PM	Free	Monthly Class	Drop-in
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Writing Your Life Story

Leave a legacy for your family to cherish through this inspiring group writing experience. Share your life journey through meaningful storytelling in this friendly and encouraging setting. Classes are held on every first and third Monday.

1st Mon	8/3	2-4PM	Free	Bi-Weekly Class	Drop-in
3rd Mon	8/17	2-4PM	Free	Bi-Weekly Class	Drop-in

Gardening Club

Join volunteer Ingrid for our new gardening club. Whether you're new to gardening or have years of experience, the club will be educational and fun. There will be basic gardening techniques, as well as information on what to plant for natural wellness. Let's grow a new garden community at the Cerritos Senior Center. Classes are held every third Tuesday.

3rd Tue	8/18	1:30-2:30PM	Free	Monthly Class	Drop-in
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The City does not allow soliciting nor endorse any agency, partner, instructor, vendor, or presenter.

Bible Study

Join this volunteer-led group and share points of view in a safe and open environment.

Thu	Weekly	10AM-12PM	Free	Weekly Class	Drop-in
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Friday Movie Matinee

Movies shown are rated “G” to “PG-13.” Please note that movie titles are subject to change based on availability. Please stop by the Reception Desk to pick up a list of movies and a synopsis of content offered for each month. Visual captions will be in play only if a patron requests this option prior to the start of the movie and only if the movie offers the caption option.

Fri	Weekly	1-3PM	Free	Weekly Movie	Drop-in
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Senior Services Commission

The Senior Services Commission consists of five members appointed by the City Council. Eligibility includes being a Cerritos resident who is 50 years of age or older at the time of the appointment.

Members of the Senior Services Commission advise the City Council on matters regarding the needs of Cerritos resident seniors, age 50 years and older, and the needs of people with disabilities.

Senior Services Commission meetings are being held quarterly. The next meeting is scheduled on **Tuesday, August 18, 2026, at 7 p.m.** in the City Council Chamber.

For More Information

For additional meeting information, please check the City’s [agenda](#) page or contact the Cerritos Senior Center at [\(562\) 916-8550](tel:5629168550).



Arts

Chinese Calligraphy

Join this volunteer-led group on the fourth Tuesday of every month to learn this ancient art form. All levels are welcome. Please bring calligraphy pens, brushes, and paper.

4th Tue	8/25	1-4PM	Free	Monthly Class	Drop-in
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Knitting and Crocheting

Join instructor Candace Broeker to explore the many creations you can give as homemade gifts that add a personal touch for your loved ones. If you have your own equipment, please bring the items with you.

Tue	8/11-9/1	5PM-7PM	\$36	4 Classes	#17704
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Sewing

Join instructor Rosario Lamoureux for a new and fun 6-week introduction to sewing class. Learn how to thread a sewing machine, basic sewing projects, throw pillows, bags and more. Advanced students are welcome to make clothing to wear but must provide own patterns. Students provide their own supplies.

No class on Monday, September 7.

Mon	8/10-9/21	10AM-1PM	\$90	6 classes	#17695
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Watercolor Painting

Immerse yourself in the world of watercolor painting with Darshini Aithal, where you'll refine your skills and embrace the joy of painting. Each session offers engaging demonstrations and hands-on practice, covering basics, techniques, and valuable tips for creating stunning masterpieces. All levels are welcome, from beginners to intermediates. Please bring your own supplies (a list will be provided) and come ready to start this colorful journey with imagination and enthusiasm!

Wed	8/12-8/26	10AM-12PM	\$75	3 Classes	#17658
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Handcrafters

Come out and share your handcrafting talents with your peers. All levels are welcome.

Wed	Weekly	1-3:30PM	Free	Weekly Class	Drop-in
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Senior Services Commission Rebroadcast Viewing

The Senior The Senior Center will host a viewing of the recorded August 18 Senior Services Commission meeting on **Wednesday, August 19, from 9 to 10 a.m.**

Services Commission consists of five members appointed by the City Council. Members of the Senior Services Commission advise the City Council on matters regarding the needs of Cerritos resident seniors, age 50 years and older, and the needs of people with disabilities.

August 2026



Dance & Music

Summer Ice Cream Social

I Scream, You Scream, We All Scream for Ice Cream! Join us for our end-of-summer ice cream social. Visit with friends, enjoy delicious ice cream, play games, and soak up the last of the summer sunshine. The event will be held in the outdoor patio, so come relax, socialize, and make the most of a beautiful summer day!

Tues	8/25	12:30PM	Free	1 Class	#17770
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Country Guitar

Join this volunteer-led group for a guitar play session. Some knowledge of guitar playing is required.

Tue	Weekly	9:30AM-12:30PM	Free	Weekly Class	Drop-in
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Chorus

Join this volunteer-led group every Friday and learn how to sing amazing songs in perfect harmony.

Fri	Weekly	10-11:15AM	Free	Weekly Class	Drop-in
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Games

Billiards Tournament

Tournament play will be on the first Monday of every month. Compete for prizes and bragging rights in this friendly monthly competition. Tournaments will be scheduled on the second Monday of the month when holidays occur on the first Monday. Open play is not allowed during tournament play.

1st Mon	8/3	10AM-12PM	Free	Monthly Game	#17626
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Chinese Hong Kong Mahjong

Mahjong is a Chinese board game that gained U.S. popularity in the 1920's. Some knowledge of the game is required to participate in the group.

Mon	Weekly	9-11:30AM	Free	Weekly Game	Drop-in
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Bridge

Boost your mental fitness, sharpen your bridge skills, while making new friends. All levels are welcome, but some playing knowledge is required.

Tue	Weekly	9AM-12PM	Free	Weekly Game	Drop-in
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Cerritos Wei Qi

Wei Qi is a chess game invented in China more than 2,500 years ago. Some knowledge of the game is required to participate in the group.

Tue	Weekly	1-4PM	Free	Weekly Game	Drop-in
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Texas Hold 'em Drop-in Play

Join Texas Hold 'em and make new friends while learning proper wagering techniques as well as the odds of winning hands.

Wed	Weekly	2-4PM	Free	Weekly Game	Drop-in
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Get Digital Newsletter Email and Text Alerts

Receive email and text notices when the new Lifelong Enrichment digital publication is available here online.

Visit the [News Signup page](#) and create an account, then select the "Lifelong Enrichment" category.

For more information, visit cerritos.gov/cnewsdigital.



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Fitness & Wellness

Senior Walking Group

Join volunteer instructor and fellow walkers and enjoy the outdoors. You can get fit while making friends. All levels welcomed and will not meet in cases of inclement weather. Group meets at the Reception Desk and will leave the Senior Center site. Walkers must sign in and have a current waiver on file.

Tue/Thu	Weekly	8-9AM	Free	2 Classes/Week	Drop-in
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Longevity Stick Art

The “Longevity Stick” regimen incorporates a series of 12 movements designed to improve balance, flexibility, strength, mental focus, breathing capacity, and vitality. This class is held outdoors. Class will not be held on days of inclement weather.

Wed/Fri	Weekly	9-10AM	Free	Weekly Class	Drop-in
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Zumba Gold

Zumba Gold is a lower intensity version of standard Zumba. The class is designed to help older adults meet their fitness goals through fun, rhythmic cardio-dancing. Join instructor Lettie Morris and dance your way to a healthier lifestyle.

A \$6 per class payment option is available, but the exact dollar amount is required if paying cash. Space is limited and priority class space will be given to students who have registered for the 5-week session. Checks and credit cards will also be accepted for payment.

Wed	Weekly	9-10AM	\$6	Weekly Class	Drop-in
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Ping-Pong

Join your friends on Tuesdays, Thursday, and Fridays for doubles play.

Tue	Weekly	4:30-7:30PM	Free	Weekly Class	Drop-in
Thu	Weekly	4:30-7:30PM	Free	Weekly Class	Drop-in
Fri	Weekly	7:30AM-12PM	Free	Weekly Class	Drop-in

Blood Pressure Screenings

Stop by the Health Room for free standard blood pressure screening provided by a retired or active nurse volunteer. If you are a retired or active nurse interested in volunteering, please contact the Cerritos Senior Center to request an application.

Tue	Weekly	10AM-1PM	Free	Weekly	Drop-in
Wed	Weekly	9-11:30AM	Free	Weekly	Drop-in
2nd Fri	8/14	8:30-10:30AM	Free	Monthly	Drop-in
4th Fri	8/28	8:30-10:30AM	Free	Monthly	Drop-in



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Information/Referrals

Health Insurance Counseling and Advocacy Program

The Health Insurance Counseling and Advocacy Program (HICAP) of the Center for Health Care Rights provides free assistance to Los Angeles County Medicare beneficiaries who need help getting through the Medicare Maze. The Cerritos Senior Center HICAP representative is Erica.

L.A. County Residents only.

1st Wed	8/5	12:30-3:30PM	Free	Monthly Class	By Appt.
4th Wed	8/26	12:30-3:30PM	Free	Monthly Class	By Appt.

HSA Case Management

Sponsored by Human Services Association, the Supportive Services Program (SSP) helps elders obtain services that enable them to safely remain at home with a measure of independence and dignity. Human Services Association representative is Reina.

Cerritos residents only. Please make an appointment at the Reception Desk.

Wed	8/5-8/26	9:30-11:30AM	Free	Weekly	By Appt.
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Mobile Office Hours

Need assistance with a federal agency? Visit representatives from U.S. Representative Derek Tran’s office on the 2nd Tuesday each month for help with Social Security, Medicare, VA benefits, immigration issues, federal grants, and more.

To learn more, visit tran.house.gov/mobile-office-hours.

2nd Tue	8/11	10AM-1PM	Free	Monthly	Drop-in
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Notary Public Service

Join Certified Senior Advisor from CarePatrol of Inland LA County for a free Notary Service on the second Thursday of each month. Basic Notarization, including acknowledgements and jurats, will be provided. Patrons *must* have documents prepared and only two documents to be notarized per appointment. Appointments are required and can be scheduled at the Senior Center Reception Desk.

2nd Thu	8/13	10AM-12PM	Free	Monthly	By Appt.
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Alzheimer’s Caregiver Support Group

For many, the best source of support is through support groups. Join a facilitator from Alzheimer’s Los Angeles on the third Friday of each month to develop new coping strategies and find comfort, strength and hope in a compassionate and safe environment.

3rd Fri	8/21	10AM-12PM	Free	Monthly	Drop-in
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Cerritos Dial-A-Ride Program Workshop

Learn more about the City’s Dial-A-Ride program at this informative presentation workshop led by the City’s Department of Community Development. Participants will receive step-by-step guidance on how to use the new Dial-A-Ride mobile app and web portal to book, manage, and cancel reservations. Whether you are new to the Dial-A-Ride program or a current rider looking to become more familiar with the service, this workshop will help you better understand how the service works and provide helpful tips to make using Dial-A-Ride easier and more convenient.

Thur	8/27	10 a.m.	Free	1 Class	Drop-in
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Lectures

Estate Planning

Estate planning provides a structured approach for managing and distributing assets while helping reduce uncertainty for loved ones. A well-designed plan can address wills, trusts, healthcare directives, and tax considerations to help preserve financial goals and family legacy.

Tue	8/4	10AM	Free	1 Class	#17642
Tue	9/1	10AM	Free	1 Class	#17708

Medicare Basics

Turning 65? Already a Medicare beneficiary, but have questions? Join La Nedra Munson from United Healthcare to learn what Medicare does and does not cover, who qualifies, coverage choices and how to choose a plan based on needs.

Thu	8/6	10AM	Free	1 Class	#17648
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Meal Prep for Seniors

Meal Prep for Seniors highlights a healthier, more affordable alternative to eating out while empowering seniors to feel confident in the kitchen. Join Darshana Gajjar from Senior Helpers as she provides a strong foundation for meal preparation, covering recipe selection, grocery shopping, meal planning, nutrition reminders, and proper storage techniques to help reduce food waste.

Fri	8/7	11AM	Free	1 Class	#17650
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Music and Memory

Virtual Presentation*

Join Jenny Alcala-Alonzo from Independence at Home to discuss the positive impact of music on memory stimulation and recall.

**A link to access the Zoom presentation will be emailed to you prior to the day of the lecture.*

Tue	8/11	10AM	Free	1 Class	#17696
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Why Annuities Win

Annuities provides an overview of how annuity products can support long-term financial stability, generate guaranteed income, and complement broader retirement and estate planning strategies. Join Jake Richards from United California Estate Services to learn how to plan for the future and keep your estate secure.

Tue	8/11	10AM	Free	1 Class	#17697
Tue	9/8	10AM	Free	1 Class	#17709

Signs of Cognitive Decline

Join Robert Regan from Synergy HomeCare to understand how to recognize changes in memory and behavior, along with communication strategies that reduce frustration, activities that stimulate memory, and insights into how in-home caregivers support dementia care.

Wed	8/12	10AM	Free	1 Class	#17698
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West Nile Virus

What is West Nile and how is it preventable? Join Rodel Rutaquio from the Los Angeles Department of Public Health to learn more about the virus and how to identify who is at risk of getting infected.

Wed	8/12	1PM	Free	1 Class	#17700
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Stress Management

Join Jenna Gutierrez from Los Angeles County Department of Mental Health to learn about the different forms of stress and the ways in which stress can impact daily life. Tips will be offered to assist in dealing with stress more effectively to improve quality of life.

Thu	8/13	9AM	Free	1 Class	#17701
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Planning for Long-Term Care

A thoughtful long-term care strategy plays a vital role in protecting family, preserving savings, strengthening retirement plans, and maintaining peace of mind. Join Jake Richards from United California Estate Services to learn about the importance of long-term care planning, associated costs, and what is and is not covered by government programs.

Tue	8/18	10AM	Free	1 Class	#17702
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Technology for Aging in Place

Join a representative from Independence at Home for information on using smart technology to support independent living. Explore how home assistants, smart appliances, and wearable devices can simplify daily tasks, reduce expenses, and support the management of health conditions. Learn practical strategies for protecting privacy, enhancing security, and making informed decisions when adopting new technology in the home.

Wed	8/19	10AM	Free	1 Class	#17703
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One-on-One Tech Coaching

Need help using an iPhone, tablet, or other tech device? Join tech coaches from Independence at Home for one-on-one support and get personalized help to better understand and use devices with confidence.

Appointments required — 30 minutes per session. Please sign up at the Reception Desk.

Wed	8/19	1PM	Free	1 Class	By Appt.
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Behavior & Alzheimer’s Disease

Join Kristy Huang-Arai from Alzheimer’s Los Angeles to learn about family members who are seeing changes in behaviors that are difficult to understand. Using the IDEA! strategy, this program aims to help individuals explore why behaviors happen, their meanings and practical tips on how to respond.

Thu	8/20	10AM	Free	1 Class	#17705
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Music for Social Entertainment

Join Jenny Alcala-Alonzo from Independence at Home for a social activity that encourages participants to share the different kinds of music each person enjoys listening to at various social events, such as birthdays, weddings, and holidays.

Tue	8/25	2PM	Free	1 Class	#17706
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Aging in Place

Many people wish to remain in the comfort of home as they grow older, but aging in place requires thoughtful planning and careful consideration. Join Amy Brick of Brick & Co. Real Estate to learn about key factors, resources, and strategies that can support successful aging in place.

Fri	8/28	10AM	Free	1 Class	#17707
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Medications — What You Need to Know to Be Safe

Virtual Presentation*

Medications are helpful in treating conditions, but taking medicine, the wrong way, can be harmful. Join Jenny Alcala-Alonzo from Independence at Home to learn what to do to help make medication safer.

**A link to access the Zoom presentation will be emailed to you prior to the day of the lecture.*

Tue	9/1	10AM	Free	1 Class	#17710
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Simple Home Safety Adjustments

Join Robert Regan of Synergy HomeCare to learn how simple home safety adjustments can reduce fall risks, help prevent hospital readmissions, and determine when in-home support may be needed.

Wed	9/9	10AM	Free	1 Class	#17711
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Managing Your Medications

Join Jenna Gutierrez from Los Angeles County Department of Mental Health to learn about the importance of sticking to a medication regimen and other useful information on the proper use of medications. Get tips on what to ask the doctor and pharmacist when getting a new prescription.

Thu	9/10	9AM	Free	1 Class	#17712
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SAVE THE DATE

Health and Wellness Fair “Active Bodies, Healthy Minds”

The Cerritos Senior Center’s Annual Health and Wellness Fair links seniors to resources that encourage a healthy, well-rounded approach towards aging. Seniors, age 50 years and above, may participate. Photo I.D. with current address will be needed to enter the Health and Wellness Fair. We encourage our guests to carpool or use alternative forms of transportation as parking is limited.

The Senior Center, including the Fitness Center, will close at 1 p.m. on Thurs., Oct. 1, and immediately following this event on Fri., Oct. 2.

Fri	10/2	8:30AM-12PM Residents	9AM-12PM Non-Residents
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Senior Clubs and Organizations

Cerritos Chinese American Seniors

Tue	1-4PM	Aspen/Pine	Helen Huang	(562) 547-5849 h1h312@yahoo.com
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Cerritos Folk Dancers

Tue	5-8PM	Maple	Wen Chiang	(626) 500-5035 chiangwenli@yahoo.com
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Cerritos Gadabouts

Mon	9AM-12PM	Aspen/Pine	Ray Ramirez	(562) 276-3716 rayram43@gmail.com
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Cerritos Ivy Club

Thu	1-4PM	Aspen/Pine	Bonnie Lin	(562) 412-1267 bonnielee1950@yahoo.com
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Da’ Hawaii Seniors Club

2nd/4th Thu	2-5PM	Maple	Carmelita Tiongson	(562) 305-7995 carmelitationgson@gmail.com
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Filipino Seniors of Cerritos

1st/3rd Fri	1:30-4:30PM	Arts/Crafts	Mayette Centeno	(562) 331-0938 mayette118@gmail.com
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Formosa Seniors Association

Thu	5-8PM	Aspen/Pine	Chrstine Ya Chin Lee	(213) 219-1430 yachinlee@hotmail.com
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Cerritos Indo American Seniors

1st/3rd Thu	2-5PM	Maple	Arvind Patel	(562) 322-0085 acp.patel@yahoo.com
2nd/4th Thu	2-5PM	Arts & Crafts	Arvind Patel	(562) 322-0085 acp.patel@yahoo.com

Mid-City Korean American Seniors

1st-4th Thu	9AM-12PM	Riverrock	Kyo Kim	(562) 900-9382 kyohokim@hotmail.com
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The “Original” Happy Seniors of Cerritos

1st-4th Tue	5-8PM	Aspen/Pine	Lucita Cordero	(714) 947-6456 lucitac586@gmail.com
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Register for an Account

To register for classes, visit the Senior Center at Pat Nixon Park, located at **12340 South Street** in Cerritos, or call **(562) 916-8550**. All classes are held at the Senior Center, unless noted otherwise.

The monthly activity calendar and “Lifelong Enrichment” newsletter may be viewed online at **cerritos.gov/seniorclasses**. Please see the Activity Calendar for a full list of classes and services.

All patrons who want to partake in any Senior Center activities and obtain/retain a fitness center membership must create a RACER account.

**Browse classes and
register with** **RACER**
Powered by CivicRec

For More Information

Visit **cerritos.gov/register** or call the Senior Center at **(562) 916-8550** and contact Cerritos Senior Center staff for assistance.



H.S.A. Lunch Program

Serving Patrons 50 and Over

Reservations

Reservations are now accepted. Reservations for dine-in hot meals must be made 24 hours in advance before you plan to attend lunch.

Reservations may be canceled 24 hours prior to meal service. If you do not have a reservation, you will be placed on a waitlist and may receive a lunch if extras are available.

Time and Check-In

Lunch is served promptly at noon Monday through Friday.

Please check in no later than 12:10 p.m. or your lunch may be given to a senior on the waitlist.

Cost

Ages 60+: Suggested donation of \$3

Ages 50-59: \$7 fee

For More Information

Call [\(562\) 916-8555](tel:(562)916-8555)



Senior Center Fitness Center

The 5,000-square-foot Cerritos Senior Center at Pat Nixon Park Fitness Center features state-of-the-art cardiovascular and weight equipment, locker rooms, restrooms, a public counter, weighing scale, and a stretching area.

Membership

Membership is required to use the Fitness Center and is limited to Cerritos residents age 50 or older. The fee is \$50 per year, which allows seniors to work out at the Senior Center, Cerritos Park East, and Swim Center fitness centers. The fee will be waived for those seniors proving a need or hardship based on federal income guidelines. All seniors must submit a completed waiver to qualify for Fitness Center membership. Seniors must also bring proper proof of Cerritos residency.

Senior Center Fitness Center Hours

Monday, Wednesday, and Friday
7:30 a.m.–5 p.m.

Tuesday and Thursday
7:30 a.m.–8 p.m.

Saturday and Sunday
Closed

Amenities

Cerritos Senior Fitness Center amenities include:

- Cardiovascular equipment
- Stretching area
- Locker rooms
- Restrooms
- Weight training equipment
- Weighing scale

For More Information

Visit cerritos.gov/seniorfitness or call the Senior Center at [\(562\) 916-8550](tel:5629168550).

Senior Center Fitness Center members can also use their membership to access the fitness centers at the Cerritos Olympic Swim Fitness Center and Liberty Park Fitness Center.

August 2026



Community Events



CERRITOS SENIOR CENTER
at Pat Nixon Park

PAPER SHREDDING & COMPOST EVENT

Saturday, September 19
8 A.M. - 12 P.M.

Paper Shredding

Cerritos residents may bring up to **two banker-sized boxes** of paper documents to be shredded at no charge. Documents will be shredded on-site at the event. Staples and paper clips may be left on the documents; no binder clips. This is a secure way to dispose of paperwork that contains private information. Help will be available to unload boxes, if needed. Personal documents ONLY, no business or organizational documents.

Compost

Cerritos residents may participate in receiving free compost by bringing no more than **two rigid 35 gallon container(s)** which will be filled on-site by Athens Services.

For more information about these events, please call the Community Services Division at (562) 865-8101.

Services are first-come, first-served and will end when truck capacity is reached.

CERRITOS SENIOR CENTER
12340 SOUTH ST., CERRITOS, CA 90703



Facility Rental

Rooms at the Cerritos Senior Center can be rented for adult-oriented events. The Senior Center’s 5,000-square foot Majestic Room and catering kitchen can accommodate large parties. The Senior Center also offers multi-purpose rooms and an outdoor patio area that can be reserved.

For More Information

Visit the [Senior Center Facility Rental page](#) or call the Cerritos Senior Center at [\(562\) 916-8550](tel:5629168550).

Ask us about our private rental availability

We are now accepting private rentals
Fridays from 6 p.m. to Midnight

Stay Connected

Follow us on **Facebook, Instagram, LinkedIn, YouTube** and **X** to stay informed about the City of Cerritos and get the latest City updates:



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CITY OF CERRITOS

cerritos.gov



Cerritos Lifelong Enrichment

August 2026

Produced by
Community Services Division

**Communications
and Marketing Division**



CITY OF CERRITOS

- Lynda Provide Johnson** Mayor
- Mark E. Pulido** Mayor Pro Tem
- Jennifer Hong** Councilmember
- Sophia M. Tse** Councilmember
- Frank Aurelio Yokoyama** Councilmember
- Robert A. Lopez** City Manager

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Sign up for Digital News

Get the latest on email and text updates throughout the City of Cerritos.

Subscribe

Cerritos Senior Center
at Pat Nixon Park
12340 South Street
Cerritos, CA 90703
(562) 916-8550



**CITY OF
CERRITOS**

18125 Bloomfield Avenue
Cerritos, CA 90703

(562) 860-0311 | cerritos.gov

Senior Center Hours

Monday, Wednesday, and Friday
7:30 a.m.–5 p.m.

Tuesday and Thursday
7:30 a.m.–8 p.m.

Saturday and Sunday
Friday 6 p.m. to Midnight
Closed for private rentals

Senior Center Closures

No August holiday closures